

# DEFIANCE COLLEGE

Think athletic trainers are only found on the football field? Think again.

Certified athletic trainers can be found in secondary schools, intercollegiate athletics, professional athletics, sports medicine clinics, the military, the movie industry, professional dance settings, industrial and commercial settings, hospitals, and health clubs.

The Defiance College Athletic Training Education Program (ATEP) combines intensive course work with hands-on clinical experience to prepare students for athletic training careers. Students gain individualized instruction and clinical experience under the supervision of a certified athletic trainer, both on campus and off in settings that range from physicians' offices and physical therapy clinics to high schools.

On the playing field and beyond, certified athletic trainers help people avoid and recover from injuries, embrace health and wellness, and perform to the best of their abilities. The first step begins here.

701 North Clinton Street  
Defiance, OH 43512  
www.defiance.edu  
419-784-4010  
1-800-520-GO DC

# Athletic Training

Bachelor of Science Degree with a major in Athletic Training



*"Being a part of the Defiance College Athletic Training program was an amazing opportunity. Not only was it very challenging and rewarding, it was also like a second family! At Defiance College I was given many opportunities, both clinically and academically. I would say choosing the Defiance College Athletic Training Program was one of the best decisions that I have ever made."*

Matthew R. Slattman, ATC  
Head Athletic Trainer  
Tinora High School

## Admission into the Athletic Training Education Program

Admission into the CAATE-accredited Athletic Training Education Program is a two-step process. Students enter Defiance College as pre-athletic training majors and must complete the first year consisting of general education degree requirements and athletic training prerequisites. The pre-professional phase is completed in their first two semesters on campus.

Applications for admittance into the professional phase of the program are completed at the end of the student's second semester. Completion of the ATEP requires six semesters in the professional phase of the program.

Athletic Training includes preventing, recognizing and evaluating athletic injuries, managing and administering the initial treatment of athletic injuries, giving emergency care or first aid for an athletic injury, and rehabilitating and physically reconditioning athletic injuries.

The Athletic Training Education Program (ATEP) at Defiance College is designed to prepare undergraduate students both academically and clinically for entry into the profession of athletic training. Theory and practical applications of the athletic training principles are distributed through the student's undergraduate career. The student must complete 65 hours of athletic training professional courses and the college's general education requirements. The student must also complete clinical requirements under the supervision of a certified athletic trainer. There is a low athletic training student-to-instructor ratio which allows for a tremendous amount of individual instruction.



[www.defiance.edu/pages/bus\\_majors\\_AT.html](http://www.defiance.edu/pages/bus_majors_AT.html)

# The Faculty

**Myra Stockdale, D.H.Sc., ATC | Program Director**

Exercise Science Coordinator  
Associate Professor of Exercise Science  
419-783-2393 | mstockdale@defiance.edu

**Kathleen Westfall, M.A., ATC | Clinical Education Coordinator**

Instructor of Exercise Science, Assistant Athletic Trainer  
419-783-2345 | kwestfall@defiance.edu

**Kevin M. Tong, M.S.Ed., ATC**

Assistant Professor of Exercise Science, Head Athletic Trainer  
419-783-2340 | ktong@defiance.edu

**Timothy E. Rickabaugh, Ph.D.**

Professor of Exercise Science  
419-783-2586 | trickabaugh@defiance.edu

**Keith Christy, Ph.D.**

Assistant Professor of Exercise Science  
419-783-2422 | kchristy@defiance.edu

Additionally, part-time instructors may teach specialized courses.



*"A successful career starts with a solid base and the athletic training program at Defiance College has provided the best for me. They prepared me with the knowledge, skill, and professionalism that is needed to work in several types of healthcare settings, along with the guidance to incorporate athletic training into them all. As my career grows, I continue to receive supportive contact from the athletic training staff at DC."*

Carrie (Wiemken) Radzik  
Certified Athletic Trainer  
Licensed Massage Therapist  
Neuromuscular Therapist  
Owner/Director, Defiance Therapeutic Massage & Wellness Center  
Team Massage Therapist for the DC Yellow Jackets

# The Courses

AT 100	Introduction to Athletic Training
AT 200	Orthopedic Injury Pathology
AT 210	General Medical Conditions
AT 250	Therapeutic Modalities
AT 290, 292	Practicum I & II
AT 310, 311	Evaluation of Athletic Injuries I & II
AT 390, 392	Practicum III & IV
AT 420	Therapeutic Exercise
AT 481	Organization and Administration of Health, Physical Education, and Sport
AT 490, 492	Practicum V & VI
BI 235, 236	Anatomy and Physiology I & II
ES 125	Personal and Community Health
ES 190	Medical Terminology
ES 234	Community First Aid and CPR
ES 330	Pharmacology
ES 340	Nutrition
ES 355	Exercise Physiology
ES 356	Kinesiology and Biomechanics
ES 357	Muscle Structure and Function
PY 110	Introduction to Psychology
PY 301	Research Methods
BA 212	Statistics
or PY 230	Statistics

## Clinical Experience

The Defiance College Athletic Training Education Program (ATEP) consists of several clinical rotations. Some of the rotations are completed at off-campus athletic training settings such as the Defiance Clinic. In order to fulfill the requirements of these rotations, which are completed throughout the three-year pre-professional athletic training sequence, a student in the ATEP must have access to transportation.

All clinical assignments are determined on an individual basis by the Program Director and the Clinical Education Coordinator upon consultation with the athletic training staff. The athletic training student is directly assigned to an approved clinical instructor (ACI) on campus. This ACI is responsible for the supervision and progression of the student.

## Accreditation

The academic program is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). Graduates of the ATEP are eligible to take the Board of Certification (BOC) exam and earn Certified Athletic Trainer (ATC) certification.

## Come for a Visit!

A campus visit is the best way to find out how Defiance College defies the ordinary college experience. We'll arrange for you to meet with an admissions counselor, professors, coaches, students, and learn about scholarship and financial aid opportunities. You can sit in on a class, tour campus, and stay overnight if you wish. Call our Office of Admissions at 419-783-2359 or 1-800-520-GO DC to set up your appointment.

*Defiance College admits students regardless of race, color, creed, sex, national or ethnic origin, disability, or sexual orientation. 6/11*