

Defiance College Track Top-10 List Women's Outdoor

100 M Dash

1	Angie Wittenmyer	12.43	2001
2	Joyce Smith	12.6	1986
3	Leah Barrera	12.76	2001
4	Anika McCants	13.02	2001
5	Tiffany Goings	13.1	2001
6	Kristin Goldstein	13.2	2007
7	Amanda Misencik	13.22	2007
8	Katie Klear	13.34	2003
9	Azelia Goings	13.46	2001
10	Kristyn Tooley	13.5	2005

200 M Dash

1	Angie Wittenmyer	25.89	2000
2	Roxane Kruse	26.35	1997
3	Joyce Smith	27.5	1986
4	Amanda Misencik	27.71	2005
5	Lynsey Somers	28.11	2004
6	Azelia Goings	28.13	2001
7	Tiffany Goings	28.18	2001
8	Aubry Shafer	28.27	2007
9	Sarah Johnson	28.34	2003
10	Katie Klear	28.44	2003

400 M Dash

1	Paula Cantu	58.0	1986
2	Terri Blausey	59.6	1977
3	Sarah Johnson	1:02.2	2003
4	Sara Baillie	1:02.3	2003
5	Melanie Reinhart	1:04.0	2001
6	Aubry Shafer	1:05.84	2007
7	Jenna Shaffer	1:06.6	2005
8	Emily Laughman	1:07.20	1997
9	Kelly Neff	1:08.25	2007
10	Amanda Zimmerman	1:08.39	2007

800 M Run

1	Sara Baillie	2:26.5	2002
2	Melanie Reinhart	2:28.2	1998
3	Megan Frazier	2:30.3	2003
4	Roxane Kruse	2:31	1997
5	Rachel Munoz	2:31.1	2004
6	Maggie Maloy	2:31.8	2001
7	Amanda Zimmerman	2:34.44	2006
8	Rachel Moore	2:38.2	2005
9	Angela Karacson	2:45.93	1997
10	Aubry Shafer	2:46.50	2007

1500 M Run

1	Patty Schiwebert	5:00.3	1978
2	Maggie Maloy	5:02.2	2001
3	Rachel Munoz	5:03.9	2004
4	Stacy Hall	5:14.19	2006
5	Melanie Lenk	5:20.0	2002
6	Logan Graher	5:29.6	2005
7	Hassen	5:34.9	1993
8	Kathryn Fedele	5:36.0	2005
9	Sherrie Reinig	5:36.0	1987
10	Beth Brigeman	5:38.0	2002

1600 M Run

1	Rachel Munoz	6:05.4	2005
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3000 M Run

1	Patty Schiwebert	10:53.2	1978
2	Maggie Maloy	11:25.85	2001
3	Melanie Lenk	11:27.62	2001
4	Schlacter	12:13.99	1997
5	Hasson	12:26.09	1993
6	Stacy Hall	12:26.0	2004
7	Robin Sowers	12:33.0	1986
8	Rhonda Rentschler	12:42.0	1986
9	Cindy Youtsey	12:46.6	1992
10	Kelly Graher	12:47.4	2003

5000 M Run

1	Melanie Lenk	18:54.58	2004
2	Stacy Hall	19:29.56	2005
3	Stephane Davis	19:54.8	1989
4	Beth Brigeman	19:55.2	2003
5	Kelly Graher	21:14.2	2003
6	Rhonda Rentschler	21:27.0	1986
7	Robin Sowers	21:32.0	1986
8	Cindy Youtsey	21:51.4	1992
9	Kathryn Fedele	26:03.23	2005

10,000 M Run

1	Melanie Lenk	39:55.6	2004
2	Beth Brigeman	42:13.3	2003
3	Robin Sowers	45:43.0	1988
4	Holly Morgan	52:35	1995

100 M Hurdles

1	Cathy Robinson	14.7	1980
2	Megan Frazier	16.26	2003
3	Roxane Kruse	16.36	1997
4	Sarah Plas	16.87	2006
5	Gaidospik	17.93	1993
6	Julie Kern	17.94	2005
7	Angie Wittenmyer	17.98	2001
8	Lynsey Somers	18.93	2001
9	Aubry Shafer	19.19	2007

400 M Hurdles

1	Lynsey Somers	1:06.1	2002
2	Melanie Reinhart	1:07.5	2000
3	Cathy Robinson	1:08	1978
4	Megan Frazier	1:10.7	2003
5	Kasey Carlisle	1:15.56	2006
6	Lenda Butcher	1:15.59	1997

400 M Relay

1	Goings, Barrera Goings, Wittenmyer	49.21	2001
2	"A"	49.8	1985
3	"A"	52.06	2007
4	"A"	52.23	2003
5	"A"	52.83	2004
6	"A"	54.33	2005
7	"A"	54.58	2006
8	"A"	57.08	1997
9	"A"	58.0	1993

4X400 Relay

1	Johnson, Baillie Somers, Wittenmyer	04:12.1	2002
2	Johnson, Baillie Somers, Klear	04:12.9	2003
3	Hackney, Phillips Laub, Plassman	04:13.1	1984
4	"A"	4:16.2	2003
5	"A"	4:21.2	2001
6	"A"	4:22.24	1997
7	"A"	4:25.5	2004
8	"A"	4:34.5	2005
9	"A"	4:40.00	2006
10	"A"	4:44.08	2007

4x800 Relay

1	"A"	11:17.25	2005
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High Jump

1	Cathy Robinson	5' 8"	1980
2	Cassie McClendon	5' 4 1/4"	2005
3	Lynsey Somers	5' 2 1/4"	2004
4	Elder	5' 2"	1993
5	Julie Kern	5' 1 3/4"	2007
6	Jodi Gajdospiik	5' 0"	1993
7	Angela Mester	4' 11 3/4"	2001

Pole Vault

1	Angela Mester	9' 6 1/2"	2003
2	Julie Kern	8' 0 1/2"	2005
3	Tara Robinson	8'	2003
4	Jessica Spears	7' 10 1/2"	2007
5	Sarah Johnson	7' 6"	2002
6	Kasey Carlise	7' 00 1/2"	2007
7	Angie Wittenmyer	6' 4"	2001
8	Katie Klear	5' 6"	2003

Long Jump

1	Roxanne Kruse	18' 1 3/4"	1997
2	Leah Barrera	17' 4.27"	2001
3	Angie Wittenmyer	17' .72"	2001
4	Sarah Johnson	16' 11"	2003
5	Joyce Smith	16' 6"	1986
6	Cassie McClendon	15' 9"	2005
7	Denise DeLong	15' 7 1/2"	1988
8	Jodi Gajdospiik	15' 6"	1993
9	Amanda Misencik	15' 5.8"	2004
10	Melanie Reinhart	15' 5"	2001

Triple Jump

1	Kristyn Tooley	35' 5 3/4"	2006
2	Lynsey Somers	34' 5"	2003
3	Angie Wittenmyer	34' 1/4"	2001
4	Sarah Johnson	33' 6 1/2"	2005
5	Emily Laughman	32' 2 3/4"	1997
6	Cassie McClendon	31' 9 1/2"	2005
7	Tiffany Goings	31' 3 1/4"	2003
8	Julie Kern	30' 6 1/4"	2005
9	Mollie Patterson	28' 9"	2007

Shot Put

1	Tami Lupton	41' 4 1/4"	1997
2	Laura Derov	38' 9 3/4"	2007

3	Julie Risenburg	37' 6"	2003
4	Amanda Tooley	35' 7 3/4"	2007
5	Samantha Higdon	34' 9 1/2"	2007
6	Tamara Sheppard	34' 5 1/2"	1996
7	Jessica Morgan	34' 4"	2003
8	Kimberly Taylor	34' 2"	2007
9	Jessica Lipstraw	32' 3 1/2"	2007
10	Shannon Liechty	32' 0 1/4"	2004

Hammer

1	Julie Risenburg	150' 7"	2004
2	Shannon Liechty	149' 8"	2003
3	Samantha Higdon	146' 4"	2007
4	Megan Gee	133' 11 1/4"	2001
5	Laura Derov	109' 4"	2007
6	Jessica Lipstraw	107' 4"	2007
7	Amanda Tooley	98' 11"	2007
8	Kimberly Taylor	87' 10"	2007

Discus

1	Tami Lupton	150' 11"	1996
2	Darlene Smith	122' 2"	1986
3	Meghan Gee	118' 6"	2001
4	Jessica Lipstraw	113' 3"	2007
5	Kimberly Taylor	111' 8"	2007
6	Julie Risenburg	104' 8"	2001
7	Shannon Liechty	103' 8"	2004
8	Crystal Garner	99' 8"	1993
9	Samantha Higdon	97' 11"	2007
10	Laura Derov	87' 5"	2007

Javelin

1	Jenny Swiclor	128' 6"	1985
2	Tara Robinson	120' 11"	2004
3	Angie Wittenmyer	118' 10"	2001
4	Rachel Moore	114' 6"	2005
5	Darlene Smith	112' 1"	1986
6	Melanie Reinhart	108' 2 1/2"	2001
7	Denise DeLong	103' 1/4"	1987
8	Crystal Garner	101' 0"	1993
9	Meghan Gee	97' 8"	2001
10	Roxane Kruse	93' 11 1/2"	1997

Heptathlon

1	Roxanne Kruse	4770	1997
2	Aubry Shafer	2676	2007