

Defiance College Track Top-10 List Women's Outdoor

100 M Dash

1	Angie Wittenmyer	12.43	2001
2	Joyce Smith	12.60	1986
3	Leah Barrera	12.76	2001
4	Kristin Goldstein	12.93	2008
5	Anika McCants	13.02	2001
6	Tiffany Goings	13.10	2001
7	Amanda Misencik	13.22	2007
8	Katie Klear	13.34	2003
9	Azelia Goings	13.46	2001
10	Bria Gendron	13.47	2008

200 M Dash

1	Angie Wittenmyer	25.89	2000
2	Roxane Kruse	26.35	1997
3	Kristin Goldstein	26.73	2008
4	Joyce Smith	27.50	1986
5	Amanda Misencik	27.71	2005
6	Lynsey Somers	28.11	2004
7	Azelia Goings	28.13	2001
8	Tiffany Goings	28.18	2001
9	Bria Gendron	28.27	2008
10	Aubry Shafer	28.27	2007

400 M Dash

1	Paula Cantu	58.00	1986
2	Terri Blausey	59.60	1977
3	Sarah Johnson	1:02.20	2003
4	Sara Baillie	1:02.30	2003
5	Melanie Reinhart	1:04.00	2001
6	Aubry Shafer	1:05.84	2007
7	Courtney Lantz	1:06.35	2008
8	Jenna Shaffer	1:06.60	2005
9	Emily Laughman	1:07.20	1997
10	Kelly Neff	1:08.25	2007

800 M Run

1	Sara Baillie	2:26.50	2002
2	Melanie Reinhart	2:28.20	1998
3	Megan Frazier	2:30.30	2003
4	Roxane Kruse	2:31.00	1997
5	Rachel Munoz	2:31.10	2004
6	Maggie Maloy	2:31.80	2001
7	Courtney Lantz	2:32.99	2008
8	Amanda Zimmerman	2:34.25	2008
9	Kaitlin Switzer	2:34.52	2008
10	Rachel Moore	2:38.20	2005

1500 M Run

1	Patty Schiwebert	5:00.30	1978
2	Maggie Maloy	5:02.20	2001
3	Rachel Munoz	5:03.90	2004
4	Stacy Hall	5:14.19	2006
5	Melanie Lenk	5:20.00	2002
6	Kaitlin Switzer	5:25.33	2008
7	Logan Graher	5:29.60	2005
8	Kelly Neff	5:30.88	2008
9	Hassen	5:34.90	1993
10	Kathryn Fedele	5:36.00	2005

1600 M Run

1	Rachel Munoz	6:05.4	2005
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3000 M Run

1	Patty Schiwebert	10:53.2	1978
2	Maggie Maloy	11:25.85	2001
3	Melanie Lenk	11:27.62	2001
4	Schlacter	12:13.99	1997
5	Hasson	12:26.09	1993
6	Stacy Hall	12:26.0	2004
7	Robin Sowers	12:33.0	1986
8	Rhonda Rentschler	12:42.0	1986
9	Cindy Youtsey	12:46.6	1992
10	Kelly Graher	12:47.4	2003

5000 M Run

1	Melanie Lenk	18:54.58	2004
2	Stacy Hall	19:29.56	2005
3	Stephane Davis	19:54.80	1989
4	Beth Brigeman	19:55.20	2003
5	Kelly Graher	21:14.20	2003
6	Rhonda Rentschler	21:27.00	1986
7	Robin Sowers	21:32.00	1986
8	Cindy Youtsey	21:51.40	1992
9	Amanda Zimmerman	22:05.49	2008

10,000 M Run

1	Melanie Lenk	39:55.60	2004
2	Beth Brigeman	42:13.30	2003
3	Robin Sowers	45:43.00	1988
4	Holly Morgan	52:35.00	1995

100 M Hurdles

1	Cathy Robinson	14.70	1980
2	Megan Frazier	16.26	2003
3	Roxane Kruse	16.36	1997
4	Sarah Plas	16.87	2006
5	Gaidospik	17.93	1993
6	Julie Kern	17.94	2005
7	Angie Wittenmyer	17.98	2001
8	Lynsey Somers	18.93	2001
9	Kasey Carlisle	19.18	2008
10.	Aubry Shafer	19.19	2007

400 M Hurdles

1	Lynsey Somers	1:06.10	2002
2	Melanie Reinhart	1:07.50	2000
3	Cathy Robinson	1:08.00	1978
4	Megan Frazier	1:10.70	2003
5	Kasey Carlisle	1:15.56	2006
6	Lenda Butcher	1:15.59	1997
7	Julie Kern	1:17.51	2008

400 M Relay

1	Goings, Barrera	49.21	2001
	Goings, Wittenmyer		
2	"A"	49.8	1985
3	"A"	52.06	2007
4	"A"	52.23	2003
5	"A"	52.52	2008
6	"A"	52.83	2004
7	"A"	54.33	2005
8	"A"	54.58	2006
9	"A"	57.08	1997
10	"A"	58.00	1993

4X400 Relay			
1	Johnson, Baillie Somers, Wittenmyer	4:12.10	2002
2	Johnson, Baillie Somers, Klear	4:12.90	2003
3	Hackney, Phillips Laub, Plassman	4:13.10	1984
4	"A"	4:16.20	2003
5	"A"	4:21.20	2001
6	"A"	4:22.24	1997
7	"A"	4:25.50	2004
8	"A"	4:26.03	2008
9	"A"	4:34.50	2005
10	"A"	4:40.00	2006

4x800 Relay			
1	"A"	11:17.25	2005

High Jump			
1	Cathy Robinson	5' 8"	1980
2	Cassie McClendon	5' 4 1/4"	2005
3	Lynsey Somers	5' 2 1/4"	2004
4	Elder	5' 2"	1993
5	Julie Kern	5' 1 3/4"	2007
6	Jodi Gajdospik	5' 0"	1993
7	Alex Thiel	4' 11 3/4"	2008
8	Angela Mester	4' 11 3/4"	2001
9	Bria Gendron	4' 9 3/4"	2008
10	Kristin Goldstein	4' 8 1/4"	2008

Pole Vault			
1	Emily Cole	10'00"	2008
2	Angela Mester	9' 6 1/2"	2003
3	Courtney Lantz	9' 6 1/4"	2008
4	Alex Thiel	9' 2 1/4"	2008
5	Julie Kern	8' 0 1/2"	2005
6	Tara Robinson	8' 00"	2003
7	Jessica Spears	7' 10 1/2"	2007
8	Sarah Johnson	7' 6"	2002
9	Kasey Carlise	7' 00 1/2"	2007
10	Angie Wittenmyer	6' 4"	2001

Long Jump			
1	Roxanne Kruse	18' 1 3/4"	1997
2	Leah Barrera	17' 4.27"	2001
3	Angie Wittenmyer	17' .72"	2001
4	Sarah Johnson	16' 11"	2003
5	Joyce Smith	16' 6"	1986
6	Alex Thiel	16' 2 1/2"	2008
7	Cassie McClendon	15' 9"	2005
8	Denise DeLong	15' 7 1/2"	1988
9	Jodi Gajdospik	15' 6"	1993
10	Amanda Misencik	15' 5.8"	2004

Triple Jump			
1	Kristyn Tooley	35' 5 3/4"	2006
2	Lynsey Somers	34' 5"	2003
3	Angie Wittenmyer	34' 1/4"	2001
4	Alex Thiel	32' 8 1/4"	2008
5	Sarah Johnson	33' 6 1/2"	2005
6	Emily Laughman	32' 2 3/4"	1997
7	Cassie McClendon	31' 9 1/2"	2005
8	Tiffany Goings	31' 3 1/4"	2003
9	Julie Kern	30' 6 1/4"	2005
10	Mollie Patterson	28' 9"	2007

Shot Put			
1	Tami Lupton	41' 4 1/4"	1997
2	Holly Stein	39' 0 1/4"	2008
3	Laura Derov	38' 9 3/4"	2007

4	Amanda Tooley	37' 3 3/4"	2008
5	Julie Risenburg	37' 6"	2003
6	Samantha Higdon	34' 9 1/2"	2007
7	Tamara Sheppard	34' 5 1/2"	1996
8	Jessica Morgan	34' 4"	2003
9	Kimberly Taylor	34' 2"	2007
10	Rachel Flad	33' 7 1/2"	2008

Hammer			
1	Julie Risenburg	150' 7"	2004
2	Shannon Liechty	149' 8"	2003
3	Samantha Higdon	146' 4"	2007
4	Amanda Tooley	139' 11"	2008
5	Megan Gee	133' 11 1/4"	2001
6	Laura Derov	132' 8"	2008
7	Jessica Lipstraw	118' 5"	2008
8	Kimberly Taylor	87' 10"	2007

Discus			
1	Tami Lupton	150' 11"	1996
2	Holly Stein	130' 00"	2008
3	Darlene Smith	122' 2"	1986
4	Meghan Gee	118' 6"	2001
5	Jessica Lipstraw	113' 3"	2007
6	Kimberly Taylor	111' 8"	2007
7	Samantha Higdon	104' 9"	2008
8	Julie Risenburg	104' 8"	2001
9	Shannon Liechty	103' 8"	2004
10	Laura Derov	102' 00"	2008

Javelin			
1	Jenny Swiclur	128' 6"	1985
2	Tara Robinson	120' 11"	2004
3	Angie Wittenmyer	118' 10"	2001
4	Rachel Moore	114' 6"	2005
5	Darlene Smith	112' 1"	1986
6	Melanie Reinhart	108' 2 1/2"	2001
7	Holly Stein	108' 2"	2008
8	Denise DeLong	103' 1/4"	1987
9	Crystal Garner	101' 0"	1993
10	Meghan Gee	97' 8"	2001

Heptathlon			
1	Roxanne Kruse	4770	1997
2	Kristin Goldstein	3290	2008
3	Alex Thiel	3054	2008
4	Aubry Shafer	2676	2007
5	Bria Gendron	2667	2008