

SAMPLE PLAN FOR: ATHLETIC TRAINING

FRESHMAN YEAR (beginning even year)

AH110 Writing the Self	3	AH120 Writing the World	3
AT100 Intro to Athletic Training (F)	2	AT200 Ortho Injury Pathology (S)	3
CA111 Fund of Oral Communication	3	ES121 Found of HPE & Sport (S)	3
FS101 First Year Seminar	3	ES130 Fitness for Life	2
PY110 Intro to Psychology	<u>3</u>	OR	
	14	Physical Activity	
		ES234 Community 1 st Aid & CPR	1
		SO120 Life in Society	<u>3</u>
			15

SOPHOMORE YEAR

AH220 Global Civilization	3	AT292 Practicum II (S)	1
AT210 General Medical Conditions (F)	3	AT310 Eval of Athletic Injuries I (S)	3
AT250 Therapeutic Modalities (F)	3	BI236 Anatomy & Physiology II (S)	4
AT290 Practicum I (F)	1	ES256 Evaluation & Measurement (S)	3
BI235 Anatomy & Physiology I (F)	<u>4</u>	IT102,103,104 Computer Proficiency	3
	14	Any Art course OR MU110	<u>3</u>
			17

JUNIOR YEAR

AT311 Eval of Athletic Injuries II (F)	3	AT392 Practicum IV (S)	1
AT390 Practicum III (F)	1	AT420 Therapeutic Exercise (S)	3
ES125 Personal & Comm Health (F)	3	(a)ES330 Pharmacology	2
ES355 Exercise Physiology (F)	3	ES357 Muscle Structure/Function (S)	2
ES356 Kinesiology/Biomechanics (F)	3	Open Electives	<u>6</u>
Physical Science	<u>4</u>		14
	17		

SENIOR YEAR

AT481 Org & Admin of HPE (F)	3	AT492 Practicum VI (S)	1
AT490 Practicum V (F)	1	(a)ES340 Nutrition	2
EN220 Topics in Literature	3	Open Electives	<u>10</u>
PY301 Research Methods	3		13
200-level Religion, except RL250	3		
Open Electives	<u>3</u>		
	16		

Total Hours: 120

Note: (F) means the course is usually offered only in the fall semester. (S) means the course is usually offered only in the spring semester. (a) means the course is offered in alternate years.

Note: See college catalog for list of Physical Activity courses.