

# 2018-2019

## Panama

### McMaster Fellow

**Brad Harsha, Assistant Dean of the McMaster for Advancing Humanity**

### McMaster Associate Fellow

**David Stuckey, Associate Professor of Mathematics**

**Kathleen Westfall, Associate Athletic Trainer, and Assistant Athletic Director**

### McMaster Scholars

**Rylea Amspauagh, Junior, Criminal Justice, and Psychology** — Training sessions will be presented to students, parents, and teachers in Amanaceres, Aprojusan, and Curundu about cyberbullying and the dangers of social media.

**Kenna Bell, Sophomore, Exercise Science** — This project will provide first-aid and CPR training, in addition to concussion awareness, to teachers and parents in the villages of Centro Juvenil y Biblioteca Las Mañanitas, Centro Educativo Maria de Poussepin (CEMP), Aprojusan, El Congo Village, and Amaneceres.

**Henna Frank, Junior, Accounting** — This project will address the specific issues of financial literacy, such as budgeting and business plans. The sessions will be held at the CEMP School and the Centro Juvenil y Biblioteca Las Mañanitas Inicio.

**Rachel Lowell, Sophomore, Exercise Science: Pre-Professional Track and a Minor in Psychology** — Stress Management and coping skills through the use of personalized programs with a strong concentration on exercise, will be taught in the communities of Fundacion Amaneceres, Aprojusan, and CEMP School in Curundu.

**Megan Ortiz, Sophomore, Forensic Science** — This project will continue the analysis of the water quality of the El Congo Village. Tests will be completed to determine chlorine content, pH, turbidity, and bacteria.

**Cory Sidle, Junior, Integrated Social Studies**— The schools of CEMP in Curundu, Juvenil y Biblioteca Las Mañanitas, and Amanaceres have reached out to Defiance College to help set up projects about role models, team building, and goal setting. This project will provide activities

and training will take place on these topics to help them develop programs that can continue in their schools and after-school programs.

**Natalie Woodson, Sophomore, Social Work** – Through this project parents and children in the El Congo village, Amanaceres after-school program, and the CEMP School in Curundu will learn healthier ways to control anger, build conflict skills, and how to use mediation.