



# *Virtual Conference:* **FOOD AS MEDICINE**

**Defiance College**  
**Friday, April 19, 2024**  
**9:00 AM - Noon EST**

**9:00 - 9:30 AM**

**Welcome & Introductions**

*Tony Linares, MD, FAAFP, Diplomate ABOIM, Webinar Moderator*  
*President Richanne C. Mankey, Defiance College*  
*Dr. Mollie Sorrell & Hallie Webb, Defiance College*

**9:30 - 10:10 AM**

**Keynote Presentation**

Introduction to Food as Medicine: Its impact on chronic disease and lifestyle interventions

*Seema Sarin, MD, Diplomate ABLM, FACLM, & Medical Director at Anthem BCBS, VA*

**10:15 - 11:00 AM**

**Professional Panel Introductions and Audience Q&A**

*Dr. Tony Linares - Moderator*

*Dr. Seema Sarin - Keynote*

*Jamie Gerken, Director of Defiance County Health Department*

*Julanne Luderman, MEd, RD, LD, Clinical Dietitian, Nutrition Educator, & Cardiac Rehab Dietitian at Mercy Health Defiance*

**11:00 - 11:45 AM**

**Cooking Demonstration**

*Bryan West, Hallmark Dining Services*

**11:45 AM - Noon**

**Wrap-Up, Resources, & Evaluation**

*Dr. Tony Linares*

Participants will receive a bibliography for further information on food as medicine, its impact on disease, and improving lifestyle.

*Defiance College appreciates the following sponsors of this conference:  
ProMedica Health Systems, Mercy Health, Dr. Tony Linares*