



## Four-Year Degree Plan

Catalog: 24-25

<b>Major:</b>	Exercise Science		
<b>Concentration:</b>	Pre-OT	<b>Minor:</b>	
<b>Concentration 2:</b>		<b>Credits:</b>	120

Fall 2024			15	Spring 2025			16
ESCI 100	Intro to AH Professions	3		ESCI 125	Health Risk Intervention	3	
FYE 100	College Engagement Sem	3		ESCI 237	Inclusive Recreation	3	
GLST 100	World Issues	3		COMM 120	Intro to Human Comm.	3	
BIO 120	Principles of Bio I	4		ENGL 125	Composition I	3	
BIO 120 Lab	Principles of Bio I Lab	0		HPM GEN ED	Student Choice	3	
Open Elective	Student Choice	2		GEN 101	Jacket Journey	1	
Fall 2025			15	Spring 2026			15
BIO 235	Anatomy & Physiology I	4		BIO 236	Anatomy & Physiology II	4	
BIO 235 L	Anatomy & Physiology I L	0		BIO 236 L	Anatomy & Physiology II	0	
ENGL 225	Composition II	3		ESCI 256	Research in ESCI	3	
PSY 110	Introduction to Psychology	3		ESCI 280	S&C Principles	3	
ESCI 220	Medical Terminology	2		MATH 114	Precalculus	4	
SOC 120	Life in Society	3		GEN 201	Jacket Journey	1	
Fall 2026			15	Spring 2027			15
ESCI 380	S&C Program Design	3		CHEM 113	Chemistry Around Us	4	
ESCI 340	Sport and Fitness Nutrition	3		CHEM 113 L	Chem Around Us Lab	0	
PSY 220	Lifespan	3		ESCI 234	CPR/First Aid	1	
Open Elective	Student Choice	3		ESCI 330	Sport and Fitness Pharmacology	3	
Creative Gen	Student Choice	3		ESCI 491	Internship	3	
				Open Elective	Student Choice	3	
				GEN 301	Jacket Journey	1	
Fall 2027			16	Spring 2028			13
ESCI 355	Exercise Physiology	3		ESCI 356	Applied Biomechanics	3	
PSY 280	Abnormal Psychology	3		PSY 450	Neuroscience	3	
PHYS 210	Physics I	4		Open Elective	Student Choice	3	
PHYS 210 Lab	Physics I Lab	0		Open Elective	Student Choice	3	
Open Elective	Student Choice	3		GEN 401	Jacket Journey	1	
ESCI 498	ESCI Capstone	3					

	Indicates course required of major
	Indicates General Education Requirement
	Indicates course required of Concentration area